



Bikes with adjustable stabilisers
Source:
Good Designs

Trikes less specialised

Source:
Pashley
Quest
Rifely
TFH
Some Bike Shops

Back Problems

Weak legs

Adult control or help

↓
Trikes with
back support

Source:
Quest

↓
Trikes with
battery power

Source:
Quest

↓
Trike two seater with
Adult control OR
Tandems OR
Trailer Bikes

Source:
Specialised

↓
Bike riding without stabilisers!

↙
Successful
Consider Adjustable

↓
If Successful consider less specialised trikes